



Rotary This Week Feb 20, 2025

Announcements:

- **Rotary District Speaking Contest**-The three Door County Rotary Clubs are jointly sponsoring a speaking contest directed at 9th grade students in the DC School Districts (+ homeschooled). The competition is structured by using the Rotary 4-Way Test to address online bullying. The event is sponsored by the YMCA of Door County and will be held at the Sturgeon Bay YMCA on Saturday, March 22nd at 5pm. First place is \$1000, 2nd place \$500 and 3rd place \$250. The contest has been shared with all school districts.
- **Where is Waldo?** Or where is our **Mark Nelson?** A reliable source has spotted Mark at Marco Island, Fla. Mark, your weekly jokes are sadly missed (by some), so please come home when the DC weather gets above freezing.

Feb 13th Program-Rotarian Moriah Benzow shared her *classification talk* (apologies for the late posting, the editorial staff was unavailable). Moriah is the *Executive Director of HELP of Door County*. HELP provides services and programs throughout Door County for victims of domestic abuse as well as family and friends. Services are free, confidential and available regardless of age, gender, race, sexual orientation or disability.

When answering the classic question, where are you from? Moriah shared this map with a star everywhere she has lived.



Now that is an expansive list of locals.

Club Leaders

 Amy Leigh Kohnle
President

 Michelle Lawrie
President-Elect

 Allyson M Fleck
Secretary

 Ken Pabich
Treasurer
iPast
President

 Keith Mutchler
Bulletin Editor
Club Director
Past President

 Jeremy M Paszczak
President-Nominee
Club Director

 Scott R Bader
Club Service Chair
Membership Chair

 Kenneth Boettcher
Sergeant-at-Arms

 Michael Felhofer
Club Director
Past President


 Tonya Felhofer
Club Director
Interact Coordinator

 Karen M Gosser
Club Director

 Mark A. Jinkins
Rotary Foundation Chair
Past President

 Bryan J Mazur
Club Director
Past President

 Barbara A Pfeifer
Club Director

 Robert C. Scieszinski
Club Director
Past President

 John D. Swanson
Club Director

 Sean Linnan

PROFESSION & EDUCATION

Executive Director, HELP of Door County

Graduate Student: Public Administration

Education:

B.A. in Organizational Leadership

Associate's Degree in Human Services

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Club RYE
Chair
Past
President



Robert M
Stuebel
International
Service
Chair



Grace
Rossman
Vocational
Service
Chair
Past
President

Birthdays

Cameryn Ehlers-
Kwaterski
February 20th
Dennis K. White
February 21st
Grace Rossman
March 4th
Karen M Gosser
March 4th
Barbara A Pfeifer
March 13th
William A Hooker
March 15th
Erin R Helgeson
March 18th
Tonya Felhofer
March 19th
Bret Bicoy
March 29th

Years of Service


Brian Hinrichs
02-24-2023
2 Years

Today's Program- Cari Josephson, Executive Direction of "Walk to End Alzheimer's Association, WI Chapter". Her responsibilities cover Door, Brown and Kewaunee Counties with over site as far south as Oshkosh. Her office is in Green Bay. Visit alz.org/wi or call 414-479-8800.









Deaths from Alzheimer's and Dementia are increasing and, unfortunately, there is no known cure and the diseases are fatal. Alzheimer's disease is the 7th leading cause of death.

In 2020, there were 110,900 people over 65 and older with Alzheimer's in WI or 10.6% of adults over 65. Per capita Medicare spending on people with Dementia in 2023 is \$27,335.

<p>1 IN 3 SENIORS DIES WITH ALZHEIMER'S OR ANOTHER DEMENTIA</p>	<p>IT KILLS MORE THAN BREAST CANCER AND PROSTATE CANCER</p> <p>COMBINED</p>	<p>OVER 11 MILLION AMERICANS PROVIDE UNPAID CARE FOR PEOPLE WITH ALZHEIMER'S OR OTHER DEMENTIAS</p>
<p>BETWEEN 2000 AND 2021, DEATHS FROM HEART DISEASE HAVE DECREASED 2.1%</p>  <p>WHILE DEATHS FROM ALZHEIMER'S DISEASE HAVE INCREASED 141%</p>	<p>IN 2024, ALZHEIMER'S AND OTHER DEMENTIAS WILL COST THE NATION \$360 BILLION</p> <p>————— \$\$\$\$\$ —————</p> <p>BY 2050, THESE COSTS COULD RISE TO NEARLY \$1 TRILLION</p>	 <p>THESE CAREGIVERS PROVIDED MORE THAN 18 BILLION HOURS VALUED AT NEARLY \$347 BILLION</p>
<p>ALZHEIMER'S ASSOCIATION</p>		

Healthy Behaviors for Your Brain

<p>GET MOVING</p> 	<p>EAT HEALTHY</p> 	<p>GET A GOOD NIGHTS SLEEP</p> 
<p>HEART HEALTH</p> 	<p>QUIT SMOKING</p> 	<p>PROTECT YOUR HEAD</p> 
<p>ALZHEIMER'S ASSOCIATION</p>		

Cari's primary message was to share the importance of raising funding to address the cost of research and treatment. Please consider attending the *Joint Annual Fundraiser-Walk to End Alzheimer's and the 2025 Sun Flower Fest* will again be at Martin Park on September 13, 2025. This event was extremely well-attended in 2024 and really showcases The Alzheimer's Assoc of WI and Sunshine House in Sturgeon Bay. Reach out to Cari at cajosephson@alz.org or 920-609-1342 or Jeremy Paszczak at jpaszczak@sunshinehouseinc.org.



Galaxy S21 5G

Jeremy did a great job filling in and prepping for the future. He was concerned about being left behind, so *Happy Dollars* are modified to "*Don't Fine Me Dollars*" when Jeremy leads the meeting. (Oh, Jeremy, when in front of the camera, best to keep your eyes open, just saying).

Summary-One of the true values of Rotary meetings is to understand the issues facing our community and lives. They can be sad, tough subjects, but important to understand. Thanks, Moriah, Cari and Jeremy for all you do.

Future Meetings:

- Feb 27- Kaira Rouer- Executive Director of MUSE Sturgeon Bay
- Mar 6- Club Assembly

Back by popular demand:



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